

2000 MSHSL Section 5A - Thursday, June 1, 2000 at St. John's University

Teams: Becker 90, Paynesville 72, Atwater-Cosmos-Grove City 70½, Holdingford 62½, New London-Spicer 56, Delano 49, Milaca 46, Long Prairie-Grey Eagle 39½, St Cloud Cathedral 35½, Melrose 35, Foley 27½, Pierz 22, Annandale 19, Eden Valley-Watkins/Kimball 18, Rockford 17, Big Lake 13, Maple Lake 9½, St John's Prep 6, Albany 5, Swanville/Upsala 4, Winsted Holy Trinity 3, Sauk Centre 2.

100 Meter Dash

- 1 Brandon Smith, New London-S 10.72 **
- 2 Dave Herbst, Milaca(12) 11.04
- 3 Trevor Gross, Pierz(12) 11.26
- 4 Brad Hagedorn, New London-S 11.30
- 5 Clint DeZeeuw, Long Pr-GE(11) 11.47
- 6 Adam Christianson, Atwater-C-GC 11.76
- 7 Brian Fett, Atwater-C-GC 11.97
- 8 Ryan Strack, SC Cath(11) 12.05

200 Meter Dash

- 1 Brandon Smith, New London-S 22.28
- 2 Brad Hagedorn, New London-S 22.95
- 3 Trevor Gross, Pierz(12) 23.18
- 4 Bobby Wershing, Long Pr-GE(10) 23.43
- 5 Ross Ekberg, Foley(12) 23.39
- 6 Clint DeZeeuw, Long Pr-GE(11) 23.84
- 7 Adam Christianson, Atwater-C-GC 23.92
- 8 Zac Johnson, Becker(12) 24.00

400 Meter Dash

- 1 Adam Johnson, Delano(11) 51.23
- 2 Ross Ekberg, Foley(12) 51.65
- 3 Craig Kotsmith, Milaca(10) 52.03
- 4 Brent Peterson, SC Cath(11) 52.49
- 5 Eric Rausch, Paynesville 52.67
- 6 Jamin Anderson, New London-S 52.78
- 7 James Nietfeld, Melrose(12) 53.32
- 8 Brent Teiri, Rockford(10) 53.74

800 Meter Run

- 1 Jedd Danielson, New London-S 2:01.13
- 2 Jason Helstrom, Atwater-C-GC 2:01.72
- 3 Scott Helstrom, Atwater-C-GC 2:04.58
- 4 Adam Goebel, Albany(9) 2:06.20
- 5 Mark Zenzen, Melrose(11) 2:07.94
- 6 Kyle Schulz, Big Lake(12) 2:09.17
- 7 Eric Korman, Paynesville 2:10.16
- 8 Josh Shoberg, Delano(10) 2:10.61

1600 Meter Run

- 1 Will Enns, Long Prairie-GE(10) 4:34.05
- 2 Clayton Lang, Paynesville 4:37.79
- 3 Dan Pearson, Paynesville 4:46.57
- 4 Nathan Hoffman, Annandale 4:47.95
- 5 Shane Keating, Foley(12) 4:48.37
- 6 Ryan Dotson, Long Prairie-GE(11) 4:48.50
- 7 Andy Zierman, Rockford(12) 4:48.52
- 8 Adam Utsch, Paynesville 4:49.45

3200 Meter Run

- 1 Will Enns, Long Prairie-GE(10) 10:10.01
- 2 Nathan Hoffman, Annandale 10:13.22
- 3 Clayton Lang, Paynesville 10:18.84
- 4 Bryan Sedlock, Big Lake(11) 10:24.50
- 5 Justin Rausch, Holdingford(10) 10:28.08

- 6 Matt Vincent, Delano(10) 10:29.20
- 7 Adam Utsch, Paynesville 10:34.32
- 8 Dustin Schieber, Becker(12) 10:36.83

High Hurdles

- 1 Kent Anderson, Atwater-C-GC 15.10
- 2 Jeff Voss, Paynesville 15.14
- 3 Adam Maine, Holdingford(12) 15.18
- 4 Dominic Hartjes, SC Cath(11) 15.59
- 5 Kevin Swanson, Rockford(12) 16.02
- 6 Mike Linnemann, Melrose(8) 16.05
- 7 Jim Martin, Becker(11) 16.18
- 8 Adam Roehl, Milaca(11) 18.86

Intermediate Hurdles

- 1 Adam Maine, Holdingford(12) 39.77
- 2 Jeff Voss, Paynesville 41.77
- 3 Kent Anderson, Atwater-C-GC 42.66
- 4 Mike Linnemann, Melrose(8) 43.24
- 5 Jim Martin, Becker(11) 43.55
- 6 Dominic Hartjes, SC Cath(11) 43.75
- 7 Jacob Workman, Delano(9) 43.78
- 8 Chris Larson, St John's Prep(12) 44.41

4x100 Relay

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|--------------------|----------------------|
| 1 Milaca 44.87 | 5 Annandale 46.73 |
| 2 Becker 45.37 | 6 Atwater-C-GC 46.76 |
| 3 Melrose 46.51 | 7 Rockford 46.83 |
| 4 Maple Lake 46.66 | 8 Holdingford 46.98 |

4x200 Relay

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|------------------------|------------------------|
| 1 New London-S 1:30.84 | 5 Foley 1:35.64 |
| 2 Milaca 1:32.40 | 6 Maple Lake 1:36.44 |
| 3 Holdingford 1:33.74 | 7 Sauk Centre 1:37.77 |
| 4 Atwater-C-GC 1:34.53 | 8 Holy Trinity 1:40.06 |

4x400 Relay

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|------------------------|-----------------------|
| 1 Paynesville 3:33.70 | 5 Delano 3:41.45 |
| 2 SC Cath 3:33.83 | 6 Rockford 3:46.59 |
| 3 Atwater-C-GC 3:34.56 | 7 Melrose 3:46.99 |
| 4 Milaca 3:41.44 | 8 Holdingford 3:51.58 |

4x800 Relay

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|------------------------|-----------------------|
| 1 Atwater-C-GC 8:14.24 | 5 Becker 8:48.22 |
| 2 SC Cath 8:14.27 | 6 Holdingford 8:49.87 |
| 3 Delano 8:15.24 | 7 Melrose 8:54.89 |
| 4 Big Lake 8:42.94 | 8 Paynesville 8:57.33 |

Shot Put

- 1 Tom Stanger, Becker(12) 55-5
- 2 Jared Posthumus, Becker 48-11
- 3 Mike Haggerty, Holdingford(12) 47-10 ½
- 4 Brandon Barhorst, Holdingford(12) 45-4 ¼
- 5 Jesse Barnes, Delano(12) 45-1 ¾
- 6 Damien Dumonceaux, St John's(11) 44-11 ¾
- 7 Treg Swanson, Pierz(11) 42-11
- 8 Jesse Weiland, Delano(12) 42-0 ¾

Discus Throw

- 1 Jared Posthumus, Becker 145-8
- 2 Mike Haggerty, Holdingford(12) 145-3
- 3 Santo Cruz, Melrose(12) 141-2
- 4 Ben Grenzer, Rockford(12) 140-4
- 5 Jesse Weiland, Delano(12) 138-0
- 6 Doug Brown, Becker 136-3
- 7 Justin Engelman, Annandale 132-3
- 8 Jesse Barnes, Delano(12) 132-0

Long Jump

- 1 Ryan Zenzen, Becker(12) 21-3 ½
- 2 Trevor Gross, Pierz(12) 21-3
- 3 Nick Starcevic, Eden V-W/K 20-3 ¾
- 4 Dominic Hartjes, SC Cath(11) 19-9 ¼
- 5 Adam Fagan, Delano(11) 19-9 ¼
- 6 Eric Valencia, Swanville/U(12) 19-4 ½
- 7 Jason Ide, Holy Trinity 19-0 ½
- 8 Adam Maine, Holdingford(12) 18-11
- 8 Ryan Strack, SC Cath(11) 18-11

Triple Jump

- 1 Eric Berscheid, Holdingford(12) 42-2 ¼
- 2 Dave Herbst, Milaca(12) 41-6 ¼
- 3 Ken Hanson, Foley(12) 41-3
- 4 Josh Trees, Paynesville 41-2 ¾
- 5 Nick Starcevic, Eden V-W/K 41-1 ¾
- 6 Adam Fagan, Delano(11) 40-8 ¾
- 7 Tim Keymer, St John's(12) 38-8
- 8 Eric Valencia, Swanville/U(12) 38-4

High Jump

- 1 Ryan Zenzen, Becker(12) 6-4
- 2 Luke Trees, Paynesville 6-2
- 3 Zac Johnson, Becker(12) 6-0
- 4 Jacob DeZeeuw, Long Pr-GE(9) 5-10
- 4 Adam Lebon, Atwater-C-GC 5-10
- 6 Josh Trees, Paynesville 5-10
- 7 Ken Hanson, Foley(12) 5-10
- 7 Chris Anonen, Maple Lake(11) 5-10

Pole Vault

- 1 Joel Hamacher, Becker(12) 13-0
- 2 Nick Starcevic, Eden V-W/K 12-6
- 3 Adam Johnson, Delano(11) 12-0
- 4 James Nietfeld, Melrose(12) 11-6
- 5 Nathan Peterson, Atwater-C-GC 11-6
- 6 Kent Backes, Becker(9) 11-0
- 7 Robb Berscheid, Holdingford(9) 11-0
- 8 Dan Evenson, Atwater-C-GC 11-0

** Meet Record

Notes: Grades indicated when available on result sheet.